



Travel to  
**Holy Family**  
Catholic Primary School



**Modeshift STARS** is a national schools award scheme supported by the Department of Transport. Recognising schools demonstrating excellence in sustainable travel, which includes cycling and walking. To find out more about the awards visit [www.modeshiftstars.org](http://www.modeshiftstars.org)

Holy Family achieved:

**Holy Family Catholic Primary School**  
Marlowe Avenue, Park North,  
Swindon, Wiltshire, SN3 2PT  
01793 521933  
[www.holyfamilyswindon.org.uk](http://www.holyfamilyswindon.org.uk)

### Why walk/cycle to school?

Walking, cycling or scooting to school can be quicker than travelling by car and are much more fun!

You can use the map to help you find your best route to school.

All are a good form of exercise and can also be a good time to talk with your family. Plus you can arrange to meet up with your friends and go to school together. Children that walk to school often arrive feeling more relaxed and ready to learn.

Can you find a route that is safer than the one you use now?

### 5 Minute Walk Zone

At Holy Family School we are promoting the 5 minute walk zone because we want to help families keep fit, reduce traffic congestion and traffic pollution. Exercise prepares you for the busy day ahead and also gives you the chance to talk with your friends and family.

What better way to start your day!

'We can chat to our friends on the walking bus.'

### Park & Stride

If you do need travel by car to school you could 'Park & Stride' by parking at the Church car park and walking the rest of the way. This way you can 'walk and talk'. You are reducing traffic round the school, promoting a safer and healthier lifestyle while doing your bit for the environment.

### Travel/Healthy School Ambassadors

We are lucky to have 12 dedicated Travel/Healthy School Ambassadors, who are committed to promoting healthy, safe and sustainable travel. Why not speak to one of the team to find out how you can do your bit?.

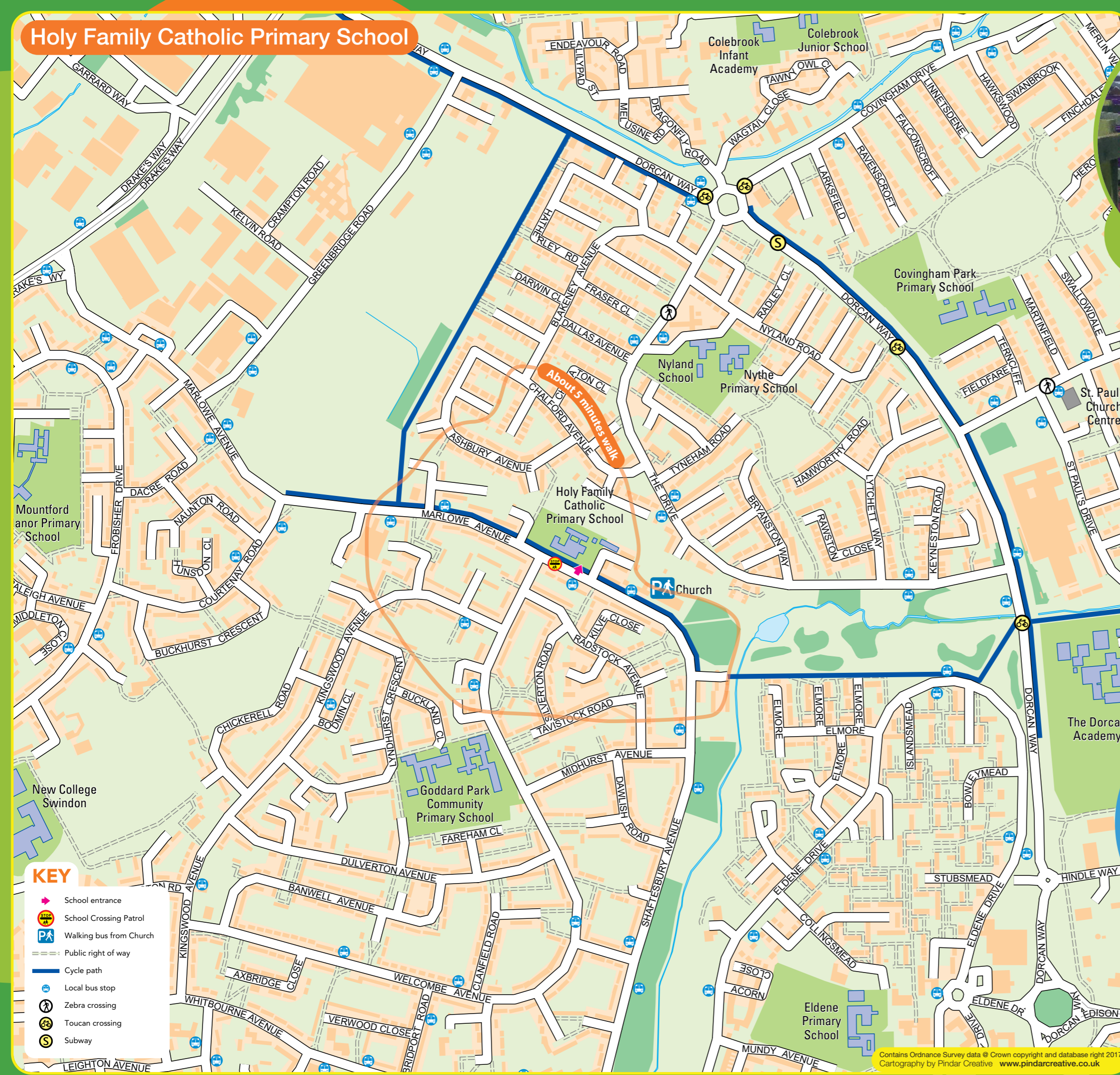
'Walking is better for the environment and it keeps us healthy.'

'It reduces the traffic around our school, so we are safer'





# Holy Family Catholic Primary School



'Pupils are awake and ready to learn when they arrive at school, after riding their bikes and scooters.'

## Safety on our school site

If you do cycle or scoot to school, please make sure you get off and push your bike or scooter on the school grounds, to minimise accidents and keep everyone safe!

