Badbury Park

Dear Resident

Welcome to the Badbury Park Travel Plan Newsletter. Here you'll find information regarding exploring your local area in greener ways, including:

- A reminder on the FREE cycle voucher and bus travelcards available
- Details on upcoming events
- Extension of the £2 cap on bus fares

Have you claimed your £100 Cycle Voucher or 4-week Bus Pass?

Every household at Badbury Park is entitled to claim either a £100 cycle voucher or a 4-week Swindon's Bus Company bus pass



These incentives are funded by Redrow and Persimmon as part of their commitments to encouraging sustainable and healthy modes of transport. Many local residents have already claimed their free cycle voucher or bus pass so if you haven't claimed yours yet, please follow the QR code above to apply, email us at **tpc@pfaplc.com**, or call us on 01793 828000 and ask for Harry Pearce.

Castle's Bike Ride Coate Water Sunday 4th June

Come and join us at the PFA stall at Coate Water on Sunday 4th June. Bring your bike along for a free bike safety check and basic repairs, along with BikeRegister security marking and plenty of maps and information on walking, cycling and public transport. You can also pick up



your free ± 100 cycle voucher or sign up for a 4-week bus smartcard.

If you're feeling more energetic you could sign up for the Castles Bike ride. There are 3 routes to choose from - long, medium and short, catering for all abilities. The rides are all about having a good time whilst raising funds for Macmillan Cancer Support. www.castlesbikeride.co.uk Take a look at the Swindon Travel Choices link below to access information and services that are available to you as a new resident in Badbury Park.

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www.swindontravelchoices.co.uk/ newdevelopments/badbury-park/



better bus services in our town



Looking for ideas of where to cycle nearby?

EARN

TO

FREE Learn to Cycle Events

Do you know someone who would like to learn to cycle or improve their confidence on two (or more) wheels?

Thanks to grant funding from Sustrans and Sport England, Swindon Cycle Campaign has organised a series of free events to help everyone get cycling – from toddlers to teens to OAPs.

These events will be held at the Swindon County Ground Athletics Track on the following dates:

Sunday May 28th 2.00-6.00pm Monday August 14th 12.30-4.30pm

Pre-booking for the adult and child 'learn to cycle' and 'cycle-confidence' sessions is advised as spaces are limited. Book here on Eventbrite: https://www. eventbrite.co.uk/e/family-learn-to-cycle-and-cycleconfidence-event-tickets-577428864277

Funding is also available for free 1:1 cycle training or private group training. These sessions can be organised at a time and place that suits participant's needs. Email **SwindonCycleCampaign@outlook.com** to book.

Let's Ride Guided Bike Rides

To join free guided bike rides in the area or find a good traffic-free route from your doorstep take a look at British Cycling's Let's Ride site www.letsride.co.uk



Swindon Wheels for All

Swindon Wheels for All cycling sessions are held at the athletics track alongside the County Ground (the home of Swindon Town Football Club).



Adapted bikes and helmets are available to borrow and sessions run weekly on Monday and

Thursday mornings. Sessions are £3, to find out more and to book email **livewell@swindon.gov.uk** or call 01793 465513.



Have you heard of the Dorcan Round?

You can cycle, run, wheel or walk it from Badbury Park!

The Dorcan Round a circular 7 mile route along the tarmac paths of East Swindon - going along the Eastern Flyer; Queens Drive and Marlborough Road, looping through Liden, Dorcan Way and Greenbridge. www.swindontravelchoices.co.uk/route/dorcan-round



Try exploring the area on foot

Ramblers Wellbeing Walks

Get active with Ramblers Wellbeing Walks. Our short group walks make it easier to start walking and stay active. Find your local Ramblers Wellbeing Walk.

www.ramblers.org.uk/



Hit the ground running!

Running is another great way to get active! It helps to improve cardiovascular fitness, strengthens muscles, burns calories and helps to boost your mental health. Why not try a small 10-minute jog and if you enjoy it, you can start to increase the distance that you do slowly.

There are plenty of websites that give advice on how to get into running including Get running with Couch to 5K - NHS https://www.nhs.uk/live-well/exercise/running-andaerobic-exercises/get-running-with-couch-to-5k/

Swindon Shin Splints running group meet on Wednesdays at 6.30pm and Saturdays at 9am at Broome Manor Golf Complex – not far from Coate Water.



Joining groups like this is a great opportunity to socialise and make new friends!

Find out more at Swindon Shin Splints. www.gouldings.wixsite.com/swindon-shin-splints

Coate Water Country Park

Have you seen the new play park that has been built at Coate Water? Its just a few minutes walk from Badbury Park! Just follow one of the footpaths from the estate to Dayhouse Lane and use the side entrance to the lake.



The footpath around the lake is well maintained and usually accessible for most people. The route around the lake is 1.7 miles and typically takes 40 minutes.

See what interesting wildlife you can see while you walk the route!

Orienteering Challenge

If you enjoy cycling and walking, try the Swindon Orienteering Challenge and find all 36 markers along Swindon's network of traffic free paths.

All the points contain a letter and if you collect all the letters, you can get a small prize! It's a great way to encourage your children to walk and cycle, with the incentive of a prize.

For more information visit www.swindontravelchoices. co.uk/getting-around/cycling/cycleorienteering/

Cycle Map

For further information about cycling locally take a look at the Swindon Travel Choices website. You'll find a cycle map of Swindon and more fun routes that you could try in your own time. www.swindontravelchoices.co.uk/ getting-around/cycling







Extension of the £2 bus fare cap

Have you heard about the £2 bus fare cap?

You can purchase a single ticket for £2 anywhere from Badbury Park until 31st October 2023 (then £2.50 until November 2024). www.gov.uk/government/news/government-extends-2-busfare-cap-and-protects-vital-services

The £2 cap on single journeys is available on most bus services across the UK, making it more affordable to travel by bus.

Your nearest bus stops are on Homington Avenue or Marlborough Road. For timetable information visit www.swindonbus.co.uk/services





For local information about getting around and planning journeys from Badbury Park take a look here:

www.swindontravelchoices.co.uk/newdevelopments/ badbury-park/

Here you can also find out about upcoming events such as guided bike rides, walks, free Dr Bike and bike security marking events and travel roadshows. There's also lots of interactive walking and cycling maps to help you explore your local area.



Are you thinking of going electric for your next car?

If so, take a look at this useful guide which provides information on the different types of electric vehicles, the benefits of using one and all your questions on vehicle charging.

www.swindontravelchoices.co.uk/wpcontent/uploads/2022/12/74-Electric-Vehicles-Guide_8pp_WEB.pdf or a hard copy can be posted if you email your postal address to swindontravelchoices@ swindon.gov.uk

Zapmap shows all of the publicly available chargepoints in Swindon and the surroundings. www.zap-map.com/live



If you would like more information regarding travelling in your local area please contact Harry your Travel Plan co-ordinator on



tpc@pfaplc.com or call 01793 828000.

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